



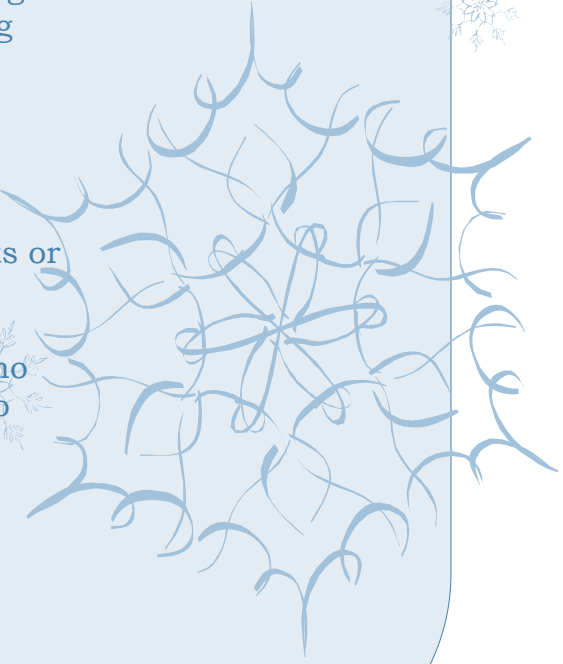



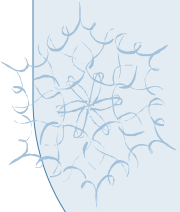


The National Weather Service (NWS) is forecasting bitter cold temperatures throughout the Commonwealth for the remainder of the week. The Massachusetts Emergency Management Agency (MEMA) presents these cold weather safety tips:

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- Continue to be aware of extreme weather conditions by monitoring Media reports.
  - Make sure you always have a well-stocked Winter Home Emergency Kit that includes flashlights, portable radio, extra batteries, a first aid kit, bottled water, non-perishable food and a manual can opener.
  - Minimize outdoor activities, particularly the elderly and very young. Also consider your pets.
  - Ensure you have sufficient heating fuel, as well as emergency heating equipment in case you lose electricity.
  - If you lose heat, seal off unused rooms by stuffing towels in the cracks under the doors. At night cover windows with extra blankets or sheets.
  - Be a good neighbor. Check the elderly or relatives and friends who may need additional assistance to ensure their safety.
  - Make sure your car is properly winterized. Keep the gas tank at least half full.



These are just a few tips to help you prepare for the cold weather. For a complete list regarding Winter Preparedness go to [www.mass.gov/mema](http://www.mass.gov/mema).